LTEF 6TH Annual *Run Into Summer 5K*

Race Information

Califon, New Jersey

Sunday, June 11, 2017

- Please check back prior to race day as we are working on moving registration closer to the finish line.
- Same day Registration and Packet Pickup, 8 am. To 8:45 am, Sunday June 11.
- Please bring a completed USATF Participant Waiver and Release of Liability, Assumption of risk and Indemnity Agreement for each runner to registration. Please note that there is an adult and minor agreement. A completed agreement is required to run.
- Portable restroom will be available.
- The start line is in front of 3 River Road. *Plan on leaving the registration area by 8:50 am to ensure adequate time to reach the start line.*
- River Road is not officially closed to traffic so please be aware of your surroundings and that vehicles may be passing through during the race.
- Please assemble in the northbound lane of the street (closest to the houses) until immediately before the race. **Be mindful of car and bike traffic.**
- Please line up at start according to your pace if you are a slower runner or walker, please line up in the back of the pack. Walkers please take up the rear.
- Slower runners and walkers should stay right to let faster runners pass.
- Water is available at the 1.5 mile point when you loop on to the Columbia Trail and at the end of the race at the train station. Refreshments are available at the finish line.
- Please pin your bib to the front of your shirt. At the end of the race please follow through the race chute and be prepared to return you race bib. We are going **GREEN!**
- After the race, we will have refreshments and an awards ceremony at the finish line.

Thank you for participating and have a great race! Any questions or concerns, please contact the LTEF Race Team at <u>info@ltefuture.org</u>